



# Penalty/Suspension Guidelines



Offence	Suspension Weeks	
	Minimum	Maximum
Continuously Disputing Decisions	2	
Obscene Gesture	2	12
Offensive Language in breach of Code of Conduct (includes harassment, homophobia, racism, bullying)	2	52
Unsportsmanlike Behaviour	2	52
Equipment Abuse/Property Damage	2	Life
Gross Breach of Code of Conduct	2	Life
Bringing the game into disrepute	2	52
Continuous Offensive Language	2	12
Threatening	2	12
Spitting	2	
Spitting Towards Opponent or Official	Life	
<b>Fighting</b>		
Striking*	52	Life
Attempt to Strike*	52	
Pushing/Grabbing	2	4
Pushing/Grabbing in Retaliation	2	
Clenched Fist/Punch	52	Life
Intentional Elbow/Heatbutt	26	52
Serious Fighting (Assault)	Life	

\* Striking/Attempt to Strike can include use of foot, hand, knee or elbow.

## Number of Offences with a penalty over 2 rounds Suspension

First Offence	warning regarding participation in Centres
Second Offence	final warning before centre participation exclusion
Third Offence	centre participation exclusion