



After School Basketball

Centre Rules/By-Laws & Game Regulations



	<u>Year 2</u>	<u>Year 3/4</u>	<u>Year 5/6</u>
Number of Personal Fouls	6 per player	5 per player	5 per player
Mercy Rule (Half Way)	10 points		
Mercy Rule (3-PT Line)	20 points		
Backcourt Violation (8 Seconds)	No	No	Yes
Keyway Violation (3 seconds)*	No	No	Yes
Inbound Violation (5 Seconds)**	No	Yes	Yes
Cross Court Violation	No	No	Yes
Line Used for Free Throws	U10 Free Throw	U12 Free Throw	Foul Line
3 Points Counted	No	No	Yes
Ring Height	2.4 Meters	3.0 Meters	3.0 Meters
Ball Size	Size 5	Size 5	Size 6

***Keyway Violation** (3 seconds) is not a specific 1 - 3 count. The 3 seconds is determined according to the effect that player has on the game at that time. Players that are new to the game may not have this rule enforced, but may be encouraged to move in and out of the keyway.

** **Inbound Violation** (5 Seconds) is not specific to a straight 1-5 count. Players that are new to the game may not have this rule enforced, but instead be encouraged to pass the ball in quickly in order to progress the game.

Mercy Rule: When the difference between two team's scores is equal to the amount specified in the table above, the offensive team must return to the designated area when the defensive team gains possession and remain there until the defending team moves into the area.

Defence: We do not have a policy against zone defence. However, we encourage teams to play 'player on player' defence to teach spacing, guarding their own player and establish fair play for all.

Bonus Foul Shots: Two shots are awarded on the 8th team foul in a half, and for each subsequent foul for the remainder of the half (except offensive fouls).

Jump Balls: For a held ball violation, a jump ball is conducted rather than the use of a directional arrow.

Accessories: All accessories such as jewellery, watches, fit-bits, etc, must be removed before play can commence. If jewellery cannot be removed, then it is required by the Centre that it be covered by sports tape which is available at the Centre office.

Accessories can be exempted on the grounds of religious beliefs or medical purposes, but this must be organised and approved by Centre Management

Player Uniforms: Players must ensure they follow the guidelines set out by the Participation guide with regards to pockets, belts, buckles, and belt loops. Centre management reserves the right to exclude any player who violates these conditions.

A junior player is able to play in their school uniform as long as it doesn't violate the conditions listed above

Approaching junior officials before, during, or after the game with any form of discussion, whether it be complimentary, criticism, constructive feedback, or rule clarification is NOT PERMITTED.

ALL FEEDBACK CONCERNING REFEREES, SPECTATORS, OR YOUR OPPOSITION SHOULD BE GIVEN TO MANAGEMENT STAFF AS SOON AS POSSIBLE.