

Life. Be in it. Sport for All.

Mini Volleyball Rules



- An official court is a badminton court (13m x 6.5 m)
- The standard net height is two metres.
- A team normally consists of four players on the court, but teams may play with three. If there are more than four players, then the coach may choose to rotate a substitute on each time the team wins serve and/or rotates.

Time Outs

- One time out of 30 seconds may be called each set. No timeouts may be called in the last 5 minutes of game time. Coaches may also instruct their players during the game.

Scoring

- Scoring system, the team that wins the rally wins a point. All matches will be played to the best of 5 sets, with a 40-minute time limit. The first four sets to 25 points, the fifth set to 15 points each set with a minimum lead of 2 points.
- If a set is incomplete at the end of the time it is awarded to the team that has at least 16 points and are 2 or more points clear (16 - 14 or better).
- The winning team will be determined by number of sets won. If the number of set won is equal it will then be determined by a total points count back.

Serving

- Players may serve underarm or overarm in all divisions. Underarm serves may be hit off the hand (no toss) and players are allowed to move in front of the baseline to serve (at the referee's discretion) if they are not strong enough to get the ball over the net from the end of the court. Overarm serves must be from behind the baseline. After 3 successful serves a team will rotate but will retain the serve. Teams earn the right to serve by winning the rally.
- On service the ball may not touch the net but may do so on other occasions.

Playing the Ball

- Players may not touch the net or intrude under the net in the action of playing the ball.
- The ball must be hit cleanly and may not be thrown, caught or scooped. The ball may legally contact any part of the body. Deliberate KICKING & HEADING the ball is illegal.
- Players may not make two consecutive hits of the ball.
- Teams have three contacts to get the ball over the net. A block does not count as a contact.
- No attacking shots above the height of the net are to be played on the return of serve.
- Players may not chase the ball into adjacent courts. Once the ball crosses the boundary line of another court it shall be called "out" immediately. If a ball from another court enters your court and interferes with play, the point will be replayed from the last serve.

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**** If you have any queries about the rules please see staff in the office. ****

